

# well-being agenda

## Well-being Needs of Children and Youth

Portland State University Child Welfare Partnership Training Unit

Zoom Link: <https://pdx.zoom.us/j/93385632451> | cwpsalem.pdx.edu | (503) 315-4267

### Monday, August 10

#### Welcome and Introduction Pre-Assessment

Joanna Crawford  
Jeffrey Asprocolas  
Kirstin O'Dell

9:00 – 10:00

#### Developmental Issues and Impacts of Maltreatment

Joanna Crawford  
Chris Bowling (facilitator)

10:00 – 4:30

- Apply knowledge of normal child development to a case study.
- Recognize how normal developmental pathways are disrupted by abuse, neglect, and trauma, and the impact on child functioning.
- Identify factors that may impact how a child presents developmentally including heredity, environment, gender, and culture.
- Recognize indicators that a child may have developmental, behavioral, mental health, physical health, or educational issues and the treatments, interventions, and services used to address these issues.
- Know caseworker roles and responsibilities in identifying developmental, mental health, physical health, and behavioral issues for children.
- Identify ways to involve children, parents, foster parents, and other parties in communicating, planning for, and meeting children's developmental needs.
- Know how to incorporate knowledge of development, delays, concerns, and assessment results into case planning for children and families.

### Tuesday, August 11

#### Identity Development

Shantika Green  
Chris Bowling (facilitator)

9:00 – 12:00

#### Learning Circle

9:30 – 11:30

- Recognize the indications of healthy and unhealthy identity development in children.
- Identify strategies that enhance healthy identity development.
- Know how to facilitate discussions with young adults and families regarding identity.

#### Resilience and Connection

Chris Bowling  
Shantika Green (facilitator)

1:00 – 4:30

- Know the importance of resilience in promoting health, well-being, and attachment and how to recognize and evaluate resilience in trauma impacted children.
- Identify factors that enhance resilience in children.
- Know the responsibilities of caseworkers and caregivers in identifying, building, and maintaining resilience in children in substitute care.
- Identify strategies that enhance significant relationships and build resilience and connections for children.

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## Wednesday, August 12

### The Child's Team

Shantika Green  
Joanna Crawford (facilitator)

9:00 – 12:00

### Guest presenters

10:30 – 11:30

- Become familiar with services available to meet a child's mental health, physical health, and behavioral needs and how to access services through various referral processes.
- Identify important members of a child's team and how to utilize them in supporting children and young adults.
- Know strategies to help caregivers and parents identify and advocate for services to meet their child's needs.
- Identify ways to effectively engage and work with partners on a team.

### Transitions

Joanna Crawford  
Shantika Green (facilitator)

1:00 – 4:30

- Identify types of transitions and considerations in planning for each.
- Know how to create effective transition plans.

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## Thursday, August 13

### The Holistic Child

Chris Bowling  
Joanna Crawford (facilitator)

9:00 – 10:30

### OR-Kids Practice

Mike Hansen, OR-Kids

10:30 - 11:00

- Know how to gather, analyze, and document in OR-Kids information from a variety of sources to compile holistic information that forms a complete picture of the child.
- Know the value in honoring cultural and familiar relationships, and how it assists in gathering complete information about a child.
- Know how to use the ecological model to conceptualize child and family dynamics.
- Know how to use strengths-based language when communicating about a child, including strength-based documentation in OR-Kids.

### Post-Assessment

Jeffrey Asprocolas  
Kirstin O'Dell

11:00 – 12:00

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### Supporting Children and Young Adults in Care

Chris Bowling  
Joanna Crawford (facilitator)

1:15 – 4:30

### Youth Panel

2:30 – 4:00

- Identify ways to ensure that a foster child's rights are realized consistent with the Foster Child Bill of Rights.
- Identify ways in which caseworkers can best serve the children and young adults on their caseloads.
- Identify strategies to address potential placement concerns and ensure that safety, permanency, and well-being needs are being met.