

# Empowering Clients to Access Resources

## Background Notes

When we intervene with families, we are doing so, because there is some behavior and/or circumstances that need to change to keep children safe. We are routinely asking families to access resources to assist them in changing their behaviors or their circumstances. If we can empower clients to identify what needs to change and if we can empower them to identify and access resources, they will have a greater chance of success and an increased likelihood of continued success in the future when we are no longer involved with their families.

### Tasks / Assignments:

- Ask the client what they want to be different in their life and family?
- What do they believe needs to change?
- What do they know about local resources?
- What resources does the client feel they would benefit from?
- What assistance does the client believe they need in order to access that resource?
- What's the first step the client believes would be important and helpful to take?

### Discoveries:

- *What did you learn about your specific client's needs?*
- *How can you use what you learned in your work with other clients?*